



**Skate  
NL**

Est.1965

## Active for Life Adult Skater Workshop

**Friday, June 6**

**Paradise Double Ice Complex**

6:00 pm - 8:30 pm

Featured On Ice Coaches: Brian Orser, Tracy Wilson & Joey Russell

Off Ice Conditioning: Scott Mercer

\*Includes 1 on ice and 1 off ice session\*

**Delta St. John's Hotel and Convention Centre**

8:45 pm Welcome Reception & Keynote Speaker

**LIMITED**  
Space  
Available

**Registration is now open! Registration Fee \$40**

**Registration Deadline: Sunday, May 11**

